## 

Buttor．
Milk is the most natural and common food of man．Out of milt two other common arti cles of food are obtained，viz．，cheese and but ter；butter exists in the form of very small globules，and out of 100 parts of cow＇s milk 3．75 parts of butter are obtained．Human milt contains about one－sixth more butter than the aiove．Butter is indebted to a sub stance called＂butyrine＂for its fine flavor Casein，the choeny matter of milk，if not wel removed from the butter，by working and weshing．soon putrifies，and will give the but ter a bad taste．Butter does not appear to have been known to the ancients，at least so far as history reveals knowledge，but we can－ not believe that butter was not known to them for all this．We read of＂a land flowing with milk and honey，＂but no butter，still this is not conclusive against the reasonable con－ clusion that the old Hebrews did know wha it was．The oldest hint，historically，about butter，is given by Herodotus，who sacribes the use of it to the Scythians．Hippocratu also alludes to the Scythian butter，and recom mends its use externally for medicine．In the time of Galen butter was known and used， but to 2 very limited extent，among the Greek and Lomans；in the second century Pliny mans，but this only shown that the Romans became acquainted with it through the Ger mans．It was much used as a pomatum both by the Greek and Roman ladies．Pliny re commends it to be mixed with honey and rub bed over the gums of children to ease the pain of teething，and for ulcers in the mouth－s hint that may not be useless to us moderns， The Romans anointed the bodies of their chil dren with butter to make them pliable，and it appears that they did not know butter as we do，in firm cakes，but only as a semi－fluid，like thick olive oil．This is not wonderful，owing to the general warmth of southern Italy Neither the Spaniards nor Portuguese know much about butter，and the inhabitants of Mexico seldom eat it．In the city of Mexico it costs one dollar per pound；the most weal－ thy classes do not use so much of it as the poorest amongat us；in fact they do not con－ sider it an essential article of food，－we do， and could not，to use a common phrase，＂live without it．＂It is justly believed that more butter is consumed in the northern States of America than in any other country having the same amount of population in the world．The Hollanders are distinguished for making good butter，so also are the Northern Germann， Norwegiana and Danes The English，Irish， and Scotch make and consume a great deal of butter，especially the Scotch，who are，or at least were，almost half Jewish in thoir feelings towards the use of pork and lard．
The great secret of making good butter，is cleaspliness and plenty of elbow grease．In some parts of Ireland，but especially in De－ vonshtre，Englead，and Ayrshire，in Scotland， the butter mado has had a world－wide fame The plan pursued seems to be for the dairy－ maide to wash their underatandings，and per－ form the same nperations $s 0$ the French and Portuguese who dance among the grapes at the wine press．By havil．g large tobs with false bottoms，covered with clean coarse cloth， into which the butter is placed and deaced upon，with water to wash it as much as is re－ quired，all the cheesy matter is pressed through the coarse cloth and runs off with the water of cleansing．This is a most efficient and ef－ fectual way of worting butter for pacting．As a general thing，the kind very common in our makets depends for ita weight in having a gooddeal of the milk left in it，and none of the cheesy matter pressed out－it is a pro－ atable way of producing it for sale．Butter wis foreign countries should be well tramped or beat and washed some way，and it should be packed in a diah placed in the ingide of a lar pacted in edish placed in the inside of a lar－
ger one，big gnough to fill around it with salt． Rancid batter can be completcly cured of Rancid batia and smell，by melting it in a
straining it through s clean cloth．After this it appears of a different form；it crystalizes in soft round crystals，and has no taste like what it would have had，if made well at the hould be treated this way．it changes th butter，takes away the bad smell，prevents it from spoiling again，howeverlong kept，and it really has a beautiful appearance．The but tor should be kept stirred after it is all dissol ved for about ten minutes，One ounce of asa
leratus will purify four pounds of butter．A thick sediment falls to the bottom，and a ver thick scum gathers on the top．Butter is on of the finest articles of human food．The far mer with his snowy white bread and beautiful golden butter for breakfast，dines richer than the monarch to whom those thinge are de nied．


Fourneyron＇s Turbine．－The accompany ing．figure（28）represents a verticalinside view of Fourneyron＇s Wheel and connected machi nery．The essential parts are the ring with curved buckets and the sluice．The wheel，A A，is made of an upper ring and a ring below， cast in one piece，with a concave bottom， $\mathbf{C}$ ． These two rings are joined together by the curved buckets，D D，made of strong sheet me tal．The sluices consist of a bottom plate，$E$ E，connected with a hollow cast iron pipe， which encloses the min shaft of the wheel， and is sustained on the upper part；on this plate the curved guides，seen in fig．28，（and those in fig．27，lest number），stand vertically， to give the water its proper direction for en－ tering the buckets of the wheel；G G is a hal． low cylindrical casting，interposed between the wheel and directing curves，and forms the sluice gate．This cylinder moves concentric to another fixed one，I I．When the movable cylinder，$G$ G，is raised，the water runs out between ite lower edge and the plate，E E， and can then enter within the wheel．The curved guides allow the water to enter the wheel without any sensible shock，and the water is directed on the side contrary to the motion of thewheel．To get thefull value of power，the water must enter the wheel with almost no sensible shock，and escape from the stuices of discharge with almost no velocity K K are wooden cushions fired to the oluic gate，and slipping between the curved guides， and being of a rounded form at their lower parts，diminiah the effects of contraction on the sides．The sluice gate is moved by sods， L L，cut into．scrows on their upper parta，and around whichthereturn three pinions of equal diameter，which antwer the purpose of screw nuts，and which are put in motion by a wheel concentric with a vertical pipe，which sur－ rounds the main shaft．This always raises and lowers the cylinder oluice gate plumb． The main ebaft passes through the hollow
transmit motion to other machinery．The main shaft works in a socket of a step，and
can be raised or lowered，as may be required． ＇is the upper water level，$X$ is the lower．

## Hair Dyen．

The coloring of hair，while growing，is a jject of some consequence to those who have ot the natural good fortune of enjoying sable locks．The use of chemicalsforcoloring the hai very common smong the civilized nations of Europe and America．Red heads are foolish $y$ abominated in no country more than ou wn．The prejudice is no doubtinherited from our English and Irish ancestors，who had suc hearty hatred of the Danes－the red－haired ace．They had felt the iron hand of Den mark，and it was held to be a most unlucky vent to meet a red－haired man first in the morning，but auove all，a year＇s misfortune to meet a red－haired man frst on New Year＇ Day．Deep auburn locks with a reddish hue， were held to be the most beautiful of any，and among the nations of the East－in some parts of Turkey－red hair is fashionable，and ladies with fine sable ringlets often make them red with pigments．In Persis，too，blue beards are common－old men of seventy may be seen with fine blue beards，so there is no account ing for fashion，＂＇tis all a matter of whimsi cal flourish，＂as Dibden would say．
It has been asserted that the use of thetinc－ ture of sulphur and sugar of lead had cbanged old Gov．Twiggs from a gray－haired veteran to a brown－haired Adonis，consequently this lotion has become not a little fashionable，but better far to wear the gray than indulge in such vile practices．
The general hair dyes are made of lead and silver compositions．A lead comb，with the use of oil，makes the hair sleek and jet，but then it is a fine way to keep the hair in the negative condition of cleanliness．

Liquids made of the nitrate of silver ar the common hair dyes．In powder the nitrate of ailver，if made into a paste，and mabbed into a fiery set of whiskeri，then bound up with a cloth for five or six hours，will change them to a black．This is merely causticizing them，and the silver sticks like lime．It can be got off，however，without a great deal of tronble．The nitrate of silver，in liquid，is the common bair dye．It is most effectual， butitis best to apply it repeatedly and to have injurious to the otherwise it will prove very injurious to the system．In alcoholic lotions for the hair，a very small quantity of the bi－ chromate of potash，which is of a yellow co－ lor，will affect the hair and make it darker．It takes a long time before its effects are observed but they are no leas aure on that account． This is a very safe substance to use，but care must be exercised in using only a very amall quantity，or the color will be of too deep a yel－ ow in the liquid
It has bean said that the Chinese have a method of treating with food，su as to chang of hair．This is a por an asertion，with． out a single fact for proof．Different nations are distinguished for their general complexiou， －the Fins are red，the Scotch，brown，the Spaniards，black，and great numbers of the Irish have peculiarly fine blue－blact hair ；the Americans are of every hue，hecause made up of all nations．Those who are fond of color－ ing their hair to change it from a light to a dart color，can easily do so by applying to the perfumer．We have never seen a change made from a black to light hair，but we have met not a few red－headed mulattoes，they seemed to pride themselves on their sanguine appearance，but of all men we ever saw they appeared to require the nitrate of silver most．

## Potatoe Rot．

A short time ago we published the following article，with the exception of the corrections． The errors were made very naturally by the copy－it being difficult to tell some words from those nearly similar，owing to the hand writing．The subject is so important that there sho
positive．
＂I saved a fine crop of potatoes in mid Now York，the last Season，by uning the plas－
almost entirely by the rot．My beat planting Was an upland second crop from the sod，（I think a first crop would have been better）；it was planted about the first of June，hoed once， and a handful of plaster cast over the vines mmediately after hoeing．I should have cast t upon the seed，also，before cover，if I had provided it to hand．When dug from the hill， hey were separated（ 5 per cent．only being affected，and those with the dry rot only）and pread on the floor of my wagon－house，until horoughly dry and the weather compelled me to remove them to my cellar：when they were apread out about a foot thick，over a large bin， where the air can circulate beneath；and they have kept perfectly well．Plant so late that your vines will not mature and dry up in the drought of harvest，on lands not subject to rost，and secure the fall growth of large and ne tubers，use the plater freely，and you need not fear the rot．＂

Spectacle Lemsea．
Dr．Wollaston introduced a new kind of pectaclea，called periscopic，from their proper－ $y$ of giving a wider field of distinct vision than the common ones．The lenses used for this purpose are meniscuses，in which the con－ exity predominates for long sighted persons and concavo－convex lenses，in which the con－ cavity predominates for short－sighted persons． Periscopic spectacles decidedly give more im－ perfect vision than common spertacles，because they increase both the aberration of Ggure and folor；but they may be of use in a crowded city，in warning us of the oblique approach of

LITERARY NOTICES
braithwaite Retrobpgct of Practical Med To are indobted to Daniel Adeo， 107 Fulton street orthe January Number of this oopious and valuable
ournal．It embraces 377 pages and 168 articlen，from Every medical practitioner in our country Corsy medical practitioner in our country shoul
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